

**Title of the book**

Elements of Human Psychology

**Author:**

Dr. Sudha Rathore

**Edition:**

First Edition

**ISBN No:**

978-81-968047-3-2

**Price**

650

**About the Book**

This book aims to present an engaging overview of the ever-evolving field of psychology. The study of psychology is not just an academic pursuit; it is a journey into the complexities of our own minds and the minds of those around us. By delving into the realms of cognitive processes, emotional landscapes, and social dynamics, we gain a deeper appreciation for the diversity and unity of human experience.

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